

Bulletin 1, 2

Event Information

The 9th of "Istanbul 5 days" competitions will be held between October 31 - November 4, 2012 in the forests and special places of Istanbul. Kirazlibent, Ayvat Bendi and Neset Suyu sites of Belgrad Forest, Omerli Forest and Istanbul Technical University Campus will be hosting to these indispensable and extremely joyful competitions.



Organizer

The competition will be organized by [IOG](#) (Istanbul Orienteering Club).

Event Coordinator

Alen Gavar

Event Director

Güven Solmaz

WRE Event Inspector

Wolfgang Poetsch - AUT (IOF Event Adviser)

Course Planners

Tatiana Kalenderoğlu
Wolfgang Poetsch AUT

Speaker

Wolfgang Poetsch AUT

Event Center

Hotel Yasmak Sultan
Ebusuut Caddesi No:18-20 Sirkeci - Istanbul, Turkey
e-mail : info@ist5days.com

Event Center Working Hours

October 30	14:00 – 22:00
October 31	18:00 – 22:00
November 1	14:00 – 18:00
November 2	18:00 – 22:00
November 3	18:00 – 22:00
November 4	16:00 – 18:00

Programme

30.10.2012	Arrivals & Registration
31.10.2012	Long Distance, Kirazlibent, Belgrad Forest Opening Ceremony
01.11.2012	Middle Distance, Omerli Forest & Alev Schools
02.11.2012	Middle Distance, Neset Suyu, Belgrad Forest
03.11.2012	WRE* Middle Distance, Ayvat Bendi, Belgrad Forest Party (Night)
04.11.2012	Sprint, Istanbul Technical University Campus, Maslak Prize Giving & Closing Ceremony

* World Ranking Event

Categories (Classes)

(W: Women, M: Men)

Category	Course Length km	Category	Course Length km	Year Born
W10	1,5 - 2,0	M10	1,5 - 2,0	- 2002
W12	1,8 - 2,5	M12	1,8 - 2,5	2001 - 2000
W14	2,0 - 3,5	M14	2,2 - 3,7	1999 - 1998
W16	2,5 - 4,2	M16	3,0 - 5,0	1997 - 1996
W18	2,4 - 5,0	M18	3,2 - 6,5	1995 - 1994
W20	2,4 - 7,0	M20	3,3 - 8,0	1993 - 1992
W21E	3,0 - 8,0	M21E	4,0 - 10,0	
W21A	2,5 - 6,5	M21A	3,0 - 8,0	
W21B	2,5 - 4,5	M21B	3,0 - 5,5	
W35	2,3 - 4,5	M35	3,0 - 6,0	- 1977
W40	2,3 - 4,5	M40	3,0 - 5,5	- 1972
W45	2,3 - 4,0	M45	3,0 - 5,0	- 1967
W50	2,3 - 4,0	M50	2,7 - 4,8	- 1962
W55	2,3 - 3,5	M55	2,7 - 4,5	- 1957
W60	2,2 - 3,5	M60	2,5 - 4,5	- 1952
W65	2,0 - 3,2	M65	2,3 - 4,0	- 1947
W70+	2,0 - 3,0	M70	2,3 - 4,0	- 1942
		M75+	2,0 - 3,5	- 1937
W Open	1,5 - 2,0	M Open	1,5 - 2,0	

* The organizer reserves the right to change the course lengths and numbers of control points.

Entries

Early entries will be accepted up to **August 31st**, normal entries up to **October 19th**. **The date of money wire or date of online payment w/ credit card** will be taken into consideration for early and normal registrants.

Late entries till **October 29** will be accepted. Daily and late entries are subject to map and start time availability. Late entrants cannot be guaranteed participation in the desired class.

Fees

Type of Fee	Early Entry August 31st	Normal Entry October 19th	Late Entry October 29th
Children Classes Entry Fee 10 - 14 (M/W)	Free of charge	Free of charge	Free of charge
Other Classes Entry Fee 16 + (M/W)	€ 50 (5 stages total) € 10 (daily)	€ 70 (5 stages total) € 17 (daily)	€ 90 (5 stages total) € 22 (daily)
Electronic Control (SI) SI Card Hire Fee	€ 15 (5 stages total) € 3 (daily)	€ 20 (5 stages total) € 4 (daily)	€ 25 (5 stages total) € 5 (daily)
Transfer to Event Sites	€ 50 (5 stages total) € 10 (daily)	€ 55 (5 stages total) € 12 (daily)	€ 60 (5 stages total) € 15 (daily)
All Changes Category / SI	Free of charge	Free of charge	€ 2

Attention!

Please consider that the money transfer fees and/or bank commissions of your local banks are not included in the fees above. Please check the additional banking fees and/or commissions applied by your local bank and add them on the total amount when doing your payment.

If you pay with money wire, to let us qualify you as a prepaid early or normal registrant, please send an e-mail message to info@ist5days.com immediately after the payment, indicating your **Registration ID, Bank, Payment Ref.No., Net Amount** (banking fees not included). If you pay for a group of competitors at one time, you should add the **Registration IDs of all** group members into your message. You will receive a confirmation e-mail from us after the payment is approved.

You can do the payment online from "Online Payment" link in our web site or to our bank account:

Account Holder: Istanbul Orienteering Spor Kulubu Derneği

Address: Geyikli Sokak 4/2, Besiktas, Levent, Istanbul - Turkey

Currency: Euro

Bank & Branch: Turkiye Is Bankasi A.S., Kurtkoy Branch (Branch Code: 1221)

Account Number: 000055748

SWIFT Code: ISBKTRIS (For transfers from USA, CHIPS UID: 003546)

IBAN: TR44 0006 4000 0021 2210 0557 48

Electronic Punching

The Sportident electronic timing and punching system will be used. If you have your own SI card you may use it, otherwise you have to hire when getting your number bib. Remember that you cannot borrow or lend your SI card from/to another competitor who has run another stage during the week. The hired card can be used during all stages. It is personal and must not be lent to another runner. SI cards for hire will be provided by the organization at the Event Center with the other competition materials. The SI card hire fees are given in the "Fees" part.

Results

Overall results will be the sum of the 5 days. In case of equity the rank of 5 days will be taken into consideration.

Prizes

All winners will receive medals, prizes and souvenirs from our sponsors.

Official ist5days result will be the total time of day 1 thru day 5.

The winners of WRE will receive additional prizes.

WRE Gold medalists (M/W) will get 5 gold coins (approx. \$ 400)

Silver medalists (M/W) will get 3 gold coins (approx. \$ 250)

Bronze medalists (M/W) will get 2 gold coins (approx. \$ 150)

Accommodation

There is NO possibility to stay in tents.

Please check the "Accommodation" link of our website for accommodation possibilities.

Please contact us for further information from the related e-mail, accommodation@ist5days.com

Transportation

Bus transportation will be arranged from the city center (in front of Hagia Sophia) to the start areas. The cost of all transportation and event sites entry fees is given in the "Fees" part.

Preliminary Technical Information

Printed Courses & Descriptions

Maps will be handed out in a waterproof plastic bag.

Control descriptions will be both printed on the map and available at the start areas.

Stages

Stage 1 (31.10.2012)

Long Distance, Kirazlibent, Belgrad Forest

This area offers runnable, hilly terrain with lots of various depressions, small stream at the bottom of the deep gullies and numbers of pits remained after local treasure hunting and 5 small Byzantine aqueducts. Difference of height at one slope can be up to 120 m. This is a beech forest. At the south of the map there are pine-trees with thorny undergrowth.

Map: Scale 1/10 000, contours 5m, map-size A3/A4

Map by: Orest Kotylo, İbrahim Yılmaz (2007). Will be updated in October 2012.

Stage 2 (01.11.2012)

Middle Distance, Alev Schools, Omerli Forest

This area offers a terrain easy to hard-to-cross. Difference of height at one slope can be up to 100m. Passability changes from good to the poor and especially impenetrable in distant sections of map. In some places there are thorny undergrowth. Mainly oak forest. Partial forest cutting work may be active in this area, especially at the far part of the map. Dangerous places: Asphalt road with minor traffic in the finish area. Steep slippery slopes, thorny bushes on the distant part of the map and branches remained after forest clearing.

Map: Scale 1/10 000, contours 5m, map-size A3/A4

Map by: Viktor Dobretzov (2004), Viktor Diachkov (2009). Will be updated in October 2012.

Stage 3 (02.11.2012)

Middle Distance, Neset Suyu, Belgrad Forest

This area offers runnable but hilly terrain with lots of various depressions, small streams and fallen trees. Difference of height at a slope can be up to 150m. In some places thorny undergrowth may slow down your pace. This is basically a beech forest with some pine areas as well. Dangerous places: Steep slopes and strong thorny bushes, small stream at the bottom of the deep gullies and numbers of pits remained after local treasure hunting.

Map: Scale 1/10 000, contours 5m, map-size A4

Map by: Orest Kotylo (2008). Will be updated in October 2012.

Stage 4 (03.11.2012)**WRE – Middle Distance, Ayvat Bendi, Belgrad Forest**

This area offers a runnable, but hilly terrain with lots of various depressions, small stream at the bottom of deep gullies and a number of pits remained after local treasure hunting. Difference of height at one slope can be up to 150 m. Slippery slopes and thorny bushes might be dangerous. This is a beech forest.

Map: Scale 1/10 000, contours 5m, map-size A4

Map by: Orest Kotylo (2007), Viktor Diachkov (April 2012). Will be updated in October 2012.

Stage 5 (04.11.2012)**Sprint, Istanbul Technical University Ayazaga Campus, Maslak**

This area offers a fast Campus-O and some parts in pine forest, an amazing lake view and not very high slopes. Dangerous places: There is a low-speed car traffic in the campus.

Map: Scale 1/5 000, contours 5m, map-size A4

Map by: New map will be made for the competition.

