

Sabato

Ritrovo-partenza 980 m + 20 dislivello

	lunghezze
Sviluppo gara sprint M12-W12	1580 m
ESO	1800 m
M14-W16	1750 m
W14-WB	1710 m
M16-W18	1820 m
M18	2560 m
ME	3270 m
WE-M35	2990 m
M45	2400 m
M55.W35	2530 m
M65-M70	2180 m
W55-DIR	2240 m
W45-MB	2420 m
W65-W70	2010 m

Domenica

Ritrovo-partenza 1100 m + 120 dislivello

	lunghezze	dislivello
M12-W12	2180 m	20
ESO	2070 m	20
M14-W16	3550 m	40
W14-WB	2950 m	40
M16-W18	3880 m	85
M18	6070 m	120
ME	9730 m	260
WE-M35	7390 m	225
M45	5640 m	140
M55.W35	4600 m	80
M65-M70	3970 m	65
W55-DIR	3590 m	55
W45-MB	4500 m	60
W65-W70	3140 m	60